

Directory of Clubs and Social Groups

in Andover and Surrounding Villages
(Updated 2022)

The information enclosed may be subject to change.

For further information please contact

Debbie Mayfield or Alison Moran on (01264) 835263

OPMH, Allan Gardiner Centre, AWMH, Charlton Road, Andover SP10 3LB

MONDAY

GROUP	ORGANISATION VENUE	TIME	PRICE etc...	ACTIVITY	CONTACT	SUITABLE FOR...
50 + Swimming	Andover Leisure Centre	11.15 -11.55	£5.00 £3.00 concession	50+ Swimming	01264 347100	50+
Peter Pan Club	Andover Leisure Centre	9.00 - 12.00	Leisure Centre £3.40 Peter Pan 50p	Badminton Table Tennis 11.15 Swimming	John Oliver (01264) 353972	>50
Ugly Duckling Group	Portway	Contact MIND		Woodwork, painting, furniture restoration etc...	MIND 01264 332297	Memory Impairment
Andover Spotlight Singer Choir	The Lights Theatre Andover College	1.30 – 3.00	First week free £6.00	Friendly open access choir To enjoy singing and have fun	Ysanne Bonner http://www.spanglefish.com/bourne2sing/ ysamnebonner@hotmail.co.uk	
Kingfisher Day Centre Whitchurch	Kingfisher Day Centre Whitchurch	9-4	£42.50	Skittles, cooking, music, quizzes, board games, art, and crafts etc...	Nicola Smith 01256 893333	
Chair YOGA	Andover Leisure Centre	10.45 – 11.45	non member £7.10 Concession £4.45 Free to members	Chair YOGA	01264 347100	50+
Aquafit	Andover Leisure Centre	9.15 – 10.00	£6.00	Aquafit	01264 347100	50+
Craft Group	VIP office Bordon Gate Carpark	2.00 – 4.00	£1.00	Craft	Office - 01264 323335 Janet – 01264 354851	Visually impaired

TUESDAY

GROUP	ORGANISATION VENUE	TIME	PRICE etc...	ACTIVITY	CONTACT	SUITABLE FOR...
Back Fitness	Andover Leisure Centre	16.15 – 17.15	£7.00 non members £4.45 concession Free to members	Back Fitness	01264 347100	50+
Aquafit	Andover Leisure Centre	09.15 – 10.00	£6.00	Aquafit	01264 347100	50+
Falls Prevention	Andover Leisure Centre	10.15 – 11.00	£6.00 Concession £4.20	Falls Prevention	01264 347100	50+
50+ Swimming	Andover Leisure Centre	11.15 – 11.55	£5.00 £3.40 concession	50+ Swimming	01264 347100	50+
Open Sight (The Andover Blind Club)	St Anne's Hall Suffolk Road	Every 2 nd & 4 th Tuesday of the month 2 - 4pm	Refreshments & Transport available	Entertainers, Quizzes, Outings and Social Meeting	Diana Kruger 01264 772750	Visually Impaired or Blind 50+
University of the Third Age Andover & District	Fairground Hall Weyhill	Meeting 3 rd Tuesday 2 - 4pm	£10.00 Annually includes refreshments	To help members to spend their third age usefully & happily	Jean McCloud (01264) 400186	60+
VIP Club (Visually Impaired) Drop - in	VIP office Borden Gate Car Park	10.00 – 2.00	Free	Tea, chat and advice	01264 323335	Visually Impaired
Inspire Arts and Crafts	Methodist Church Andover	10.00 – 12.00	First session free then £2.00	Socialise and craft	Andy Fletcher 01264 353629	

TUESDAY CONTINUED

GROUP	ORGANISATION VENUE	TIME	PRICE etc...	ACTIVITY	CONTACT	SUITABLE FOR...
Test Valley Wellbeing Walks	The Lights Andover	To be confirmed	Arrive early to register	Wear sensible shoes, sun protection, and bring a drink	Test Valley Borough Council (01264) 368000 www.testvalley.gov.uk	Everyone
Ladies Fellowship	Andover Baptist Church	Fortnightly 2.30 – 3.30pm	Free	Speaker & fellowship with tea and biscuits	Sheila Few (01264) 324190	Everyone
Men's Shed	Enham Place Enham Alemein Andover SP11 6JS	Membership £10 per year		Projects completed of own choosing, pace and in a safe, friendly and inclusive venue. Community Projects also completed	Brian Cooke 07776 216 516 brian.cooke@hotmail.co.uk andovershed@outlook.com	Patients known to CMHT and/or Dementia Advice Service
Chatty Craft Club	Andover Library	10.30 – 12.00	Free	Craft	0300555138	50+
Singing for Pleasure	Andover Mind wellbeing centre	11.30 – 12.30		Singing for Pleasure	01264 332297 Well-being@andovermind.org.uk	Everyone
Lunch Club	Salvation Army Community Cafe	12.00 – 1.30	Concessionary prices	Lunch	Captain Simon Rowney Captain Victoria Rowney 01264 352129	Everyone
Badminton and Table Tennis	Sport in Mind Andover Leisure Centre	12.00 – 1.00	Free	Fun, casual drop-in badminton & table tennis for people experiencing mental health problems	07788993506	People experiencing mental health problems
Kit Bags and Berets Alzheimer's Society	St Andrews Garrison Church Worthy Down Winchester SO21 2RG	2 nd Tuesday of month 2.00 – 3.30		Dementia activity group for veterans	(01256) 363393 www.alzheimers.org.uk	Veterans with dementia

WEDNESDAY

GROUP	ORGANISATION VENUE	TIME	PRICE etc...	ACTIVITY	CONTACT	SUITABLE FOR...
Back Fitness	Andover Leisure Centre	16.30 – 17.30	£7.10 £4.45 concession Free to members	Back Fitness	01264 347100	50+
Pomfit	Andover Leisure Centre	10.30-11.30	£5.00	Aerobics, Dance	Sarah Maidment 07973853150	>60
Weyhill Seniors Club	Clanville Coronation Hall	1 st , 3 rd and 4 th Wednesday of month 2 - 4.30pm	£8.00 Membership 50p Raffle 50p Tea	Trips. Parties. Speakers	Sheila Green 01264 772459	50+
Peter Pan Club	Andover Leisure Centre	9.00 - 12 noon	Leisure Centre £3.40 Peter Pan 50p	Badminton Table Tennis 11.30 Swimming	John Oliver (01264) 353972	50+
Steady and Strong Exercise Class	St Andrews Methodist Church Weyhill Rd	11.00 – 12.00 12.30 – 1.30	£36.00 6 week course	Specialised exercises to improve strength, balance, mobility and coordination	Valley Leisure 01264 568241	Everyone
50+ Swimming	Andover Leisure Centre	11.30 – 12.00	£5.00 £3.40 concession	50+ Swimming	01264 347100	50+
Weyfayre Social Club	Weyhill Village Hall	Every other Wednesday 2.30 - 4.30pm	Members: £2.00 per session Non members £3.00 per session	£25.00 years membership Speakers Outings - (1 free) Tea	Brian Richardson (01264) 323661	>50
Andover Hard of Hearing Club	St Andrews Methodist Church Weyhill Rd	2 nd Wednesday of the month 2.15 – 4.15	Take a raffle prize £2.00 per week	Social Activities Speakers Outing once a year	Chris Read (02380)766138 Brian Orchard (01264) 362485	Hard of Hearing

WEDNESDAY CONTINUED

GROUP	ORGANISATION VENUE	TIME	PRICE etc...	ACTIVITY	CONTACT	SUITABLE FOR...
VIP Club (Visually Impaired)	St Anne's Hall Suffolk Road	1 st and 3 rd Wednesday each month 2 – 3.45pm	Membership £14.00 a year £5 per session Transport provided	Trips / lunch out, speakers, benefit advisors, entertainers, social	VIP Office (01264) 323335	Visually impaired
VIP Club (Visually Impaired) Drop - in	VIP office Borden Gate Car Park	10.00 – 2.00	Free	Tea, chat and advice	VIP Office (01264) 323335	Visually impaired
YOGA for Mental Wellbeing	Sport in Mind Studio 3 Andover Leisure Centre	2.00 – 3.00	Free	Fun, casual drop - in sessions for people experiencing mental health problems	07788993506	People experiencing mental health problems
Andover Ladies Choir		7.30 to 9.30			07970139395	

THURSDAY

GROUP	ORGANISATION VENUE	TIME	PRICE etc...	ACTIVITY	CONTACT	SUITABLE FOR...
Aquafit	Andover Leisure Centre	09.15 – 10.00	£6.00	Aquafit	01264 347100	50+
Adult Badminton	Andover Leisure Centre	9.30 – 12.30	£3.45	Badminton Table Tennis	01264 347100	50+
Steady and Strong Falls Prevention	Andover Leisure Centre	11.30 – 12.30	£7.10 £4.45 concession Free to members	Steady and Strong Exercises	01264 347100	50+
Bowling Goldies	Riverside Bowl Bridge St Andover	11.00 – 1.00 (exc. non term time)	£5.50 for one game £6.50 for two games	Ten Pin Bowling	Valley Leisure (01264) 568192 www.riverside-bowl.co.uk	Over 50's
Salvation Army Craft and Social Lunch Club	Community Cafe	10.00 – craft group 10.30 – 1.30 – social time and lunch	Craft Group £2.00 Inc. tea/coffee	Craft and Social Lunch	Captain Simon Rowney Captain Victoria Rowney 01264 352129	Everyone
Reflections Group	St Mary's Hall	Every 2 nd Thursday of each month	10.00 – 12.00	Drop in for free advice, information and support	Dementia Advisors 07796070971 or 07796087543	A group for people with dementia. Their carers family and friends

FRIDAY

GROUP	ORGANISATION VENUE	TIME	PRICE etc...	ACTIVITY	CONTACT	SUITABLE FOR...
Short Mat Bowls Club	Upper Clatford Village Hall	Weekly on a Friday 3-5pm	£5.00 per year £2.00 per session Tea and biscuits provided	Friendly, social evening out. Social events also organised	Andre North 01264 393760	Everyone
Grateley Busy Fingers	Grateley Village Hall	2 nd Friday of month 10 - 12 noon	£2.00		Mrs Shirley Haywood (01264) 889380	All welcome
Sporting Memories	Andover Leisure Centre	Weekly on a Friday 1 till 3pm	£1.50	Sporting Trivia, Memorabilia and Games	To book a place call Angie on 07563 117 116	Everyone
Test Valley Wellbeing Walk	Stockbridge (Various start points depending on route)	10.00am	Arrive early to register	Wear sensible shoes, sun protection and bring a drink	Test Valley Borough Council (01264) 368000 www.testvalley.gov.uk	Everyone
Marigold Club	Andover Library	10.30 – 12.00	£1	Chat and coffee and a variety of social activities	0300 555 1387	Everyone
ANDOVER WALKING FOOTBALL	Harrow Way School	7.00pm			Dennis Mills 07884144126 dennismills1@sky.com	
Social Club	Brendon Care	10.30 – 12.30		Make friends, enjoy a variety of fun activities & a Cuppa. (Carers attend for free)	(01962) 857099 clubs@brendoncare.org.uk	

SATURDAY

GROUP	ORGANISATION VENUE	TIME	PRICE etc...	ACTIVITY	CONTACT	SUITABLE FOR...
Steady and Strong Exercise Group	Phoenix Centre	10am – 11am		Exercises Coffee & biscuits	Adi Philips 07737 824837	

Further Contacts

MHA LIVE AT HOME SCHEME

Helping those over 60 to lead fulfilled lives and remain active members of their community

Contact 02380 254847 <https://www.mha.org.uk/communities/near-me/test-valley>

UNITY Get going again Project

Support to help you re-engage in the community after

Covid 19

Contact Unity on 0330 400 4111

I Can Therapy

Power Assisted exercise and support to Move More Feel Better

8-10 Union Street, Andover, SP10 1PA call 01264 568241

Chapel Arts Studios

Engaging community arts programmes for health and wellbeing

Contact info@chapelartsstudios.co.uk

ANDOVER LEISURE CENTRE CLASSES

Low level classes for wellbeing

Chair Based Yoga Mondays 10.45 to 11.30

Healthy Backs Tuesdays 16.30 to 17.30

Wednesdays 16.30 to 17.30

Steady and Strong Tuesdays 10.15 to 11.00

Fridays 11.30 to 12.30

Forever Active Fridays 12.45 to 13.45

Contact Andover Leisure Centre 01264 347100